**John 7:32–39**

**32**The Pharisees heard the crowd muttering these things about him, and the chief priests and Pharisees sent officers to arrest him. **33**Jesus then said, “I will be with you a little longer, and then I am going to him who sent me. **34**You will seek me and you will not find me. Where I am you cannot come.” **35**The Jews said to one another, “Where does this man intend to go that we will not find him? Does he intend to go to the Dispersion among the Greeks and teach the Greeks? **36**What does he mean by saying, ‘You will seek me and you will not find me,’ and, ‘Where I am you cannot come’?”

**37**On the last day of the feast, the great day, Jesus stood up and cried out, “If anyone thirsts, let him come to me and drink. **38**Whoever believes in me, as the Scripture has said, ‘Out of his heart will flow rivers of living water.’ ” **39**Now this he said about the Spirit, whom those who believed in him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified.

**Big Idea: FOMO for Jesus is good.**

My Notes \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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The Pharisees were concerned for their bodies, but not their souls. They were thinking of the temporal and physical, but they were missing the eternal and spiritual. Jesus offered them the gift of the Spirit, but they missed it. The fear of missing out can weigh heavy on our souls too. We may feel burdened by desires in this life that go unfilled, but Jesus offers a gift that meets the deepest longing of our souls. Missing Jesus is the one thing we really should fear. **FOMO for Jesus is good.**

**Small Group Study Questions**

As you reflect on the sermon from this week, was there anything you heard for the first time? Was there something said that challenged you or confused you?

**Getting to Know You**

1. What is the one Thanksgiving meal dish (main, side, dessert, etc.) that you have “FOMO” about?

**Digging Deeper**

Our “Big Idea” this week is **FOMO for Jesus is good.** In John 7:32–39, some of the religious leaders of Jesus’ time, the Pharisees, sought to get rid of Jesus. They desired to have their temporal needs met through religious rituals while missing that Jesus was offering to satisfy their greatest desire. Jesus promises to give the Spirit to anyone who comes to him to have their spiritual thirst satisfied. For, only Jesus can provide what we all are truly missing and longing for.

In Psalm 63, King David was on the run for his life in the dry Judean wilderness where he experienced thirst. Read this Psalm and answer the following questions.

1. Go through this passage and underline, circle, or write down all the instances you see where David describes his desire for God.
2. In your own words, what does it feel like to be physically “thirsty” as David describes in verse 1? How would you apply that to spiritual thirst? What does that feel like?
3. In verse 3, David tells God, “your steadfast love is better than life.” How does this statement show you that God was David’s greatest desire? In what ways have you experienced God’s steadfast love?
4. What does it look like to “cling” to God as David writes in verse 8? When have you felt like clinging to God in the circumstances of your life?

Matthew 11:25–30 is one of our passages this week in our VBCdaily3 devotionals ([valleybible.org/vbcdaily3](https://www.valleybible.org/vbcdaily3)). Take a few moments to answer the three questions that we ask: What does this passage say about God? What does it say about us? What do you believe we ought to do about it?

**Live It Out**

1. Pastor Paul challenged us this week to examine what we are pursuing to satisfy our souls. He said, “Set aside time this week to prayerfully ask God, ‘Lord, show me what I am thirsty for.’ When God shows you what that is, offer it back to him and say, ‘Lord, have your way with this.’”

Take some time personally and in your group to offer what you have been thirsty for to the Lord, and ask him to continue to satisfy your desires.

**Prayer Requests**

One of the most significant ways we grow spiritually together is to pray for one another each week. Use this section to write down the requests of those in your group so you can remember to pray for them throughout the week. Remember: *what is shared in your group should stay in your group.*

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